

# BORDERS ATHLETICS HANDICAPPING 2011

Each distance will be set a standard time based on hand held watch, on grass, no wind.

A novice mark will be set for each distance, a novice being someone with no previous athletics history, in the case of previous history this will be used to set initial mark.

Minimum pulls will be applied based on prize money for WINS at any handicap meeting.

Multiple non penalty & place money will be totalled and applied at Handicappers discretion.

Handicapper can penalise an athlete in distances other than successful distance.

After 4 runs in an event at a B.A.Meeting an Athlete will be eligible for a minimum lift unless lift has already been applied. Running in a final or collecting place money, poor starts, false starts, injuries, failing to complete a race, not running at full speed etc will not be allowed as qualifying run. The lift will be applied a maximum of 10 days after 4th qualifying run.

**ALL AT HANDICAPPER'S DISCRETION.**

## ADULT MINIMUM PENALTIES

	<b>Sprint</b>	<b>200/lap</b>	<b>400m</b>	<b>800m</b>	<b>1600m</b>	<b>3200m</b>
<b>Std Time</b>	9.65/11.8	22.50s	51.50s	1m 56s	4m 30s	9m 50s
<b>Novice mark</b>	3.5/4m	7m	14m	30m	60m	120m
<b>Earlston</b>	£300/0.5m	£80/1m		£80/5m	£80/10m	
<b>Hawick</b>	£1000/2m	£120/3m	£100/4m	£150/10m		£250/60m
<b>Selkirk</b>	£1000/2m	£120/3m	£100/4m	£150/10m	£100/15m	
<b>Peebles</b>	£300/0.5m	£70/1m		£70/5m	£70/10m	£70/20m
<b>Kelso</b>	£250/nil	£100/2m		£100/7.5m	£100/15m	
<b>Jedburgh</b>	£3000/3m	£150/4m	£150/6m	£600/30m	£300/40m	
<b>St Ronans</b>	£500/1m	£50/1m		£100/7.5m	£100/15m	
<b>Oxton</b>	£450/1m	£80/2m		£80/5m	£80/10m	
<b>Langholm</b>	£1000/2m	£100/2m	£100/4m	£200/15m	£120/20m	
<b>Tweedbank</b>	£200/nil	£70/1m		£70/5m	£70/10m	
<b>Morebattle</b>	£500/1m	£200/4m		£200/15m	£200/30m	£150/40m